

MEAL PLANNING

DATE: _____

The Resourceful Mama Week	MAIN DISH	SIDE	SIDE	SIDE	OTHER
SUNDAY	Grilled Honey Mustard Chicken	Mashed Potatoes	Green Beans	Rolls	
MONDAY	Best Chicken Ever	Steamed Rice	Steamed Broccoli	Pears	
TUESDAY	Beef Taco Casserole	Corn	Peaches		
WEDNESDAY	Classic Baked Ziti	Tossed Salad	Garlic Bread		
THURSDAY	Sloppy Joes	French Fries	Carrot Sticks	Fruit Salad	
FRIDAY	Grilled Brats	Corn on Cob	Baked Beans	Strawberries & Blueberries	
SATURDAY	Broccoli Beef	Steamed Rice			