

MEAL PLANNING

DATE: _____

The Resourceful Mama Week #9	MAIN DISH	SIDE	SIDE	SIDE	OTHER
SUNDAY	Grilled Pork Chops	Twice Baked Potatoes	Green Beans	Strawberries	
MONDAY	Orange Chicken Meatballs	Steamed Rice	Steamed Broccoli	Mandarin Oranges	
TUESDAY	Manicotti	Tossed Salad	Garlic Bread		
WEDNESDAY	Asian Salmon in Foil	Roasted Vegetables	Strawberries		
THURSDAY	Chicken Cordon Bleu	Roasted Potatoes	Peas	Pears	
FRIDAY	Chicken Fried Rice	Egg Rolls			
SATURDAY	Smoked Pork Roast	Mashed Potatoes	Corn on Cob	Peaches	