

MEAL PLANNING

DATE: _____

The Resourceful Mama Week #15	MAIN DISH	SIDE	SIDE	SIDE	OTHER
SUNDAY	Pork Loin	Potato Casserole	Grilled Vegetable Kabob		
MONDAY	Spaghetti & Meat Sauce	Tossed Salad	Breadsticks		
TUESDAY	Baked Turkey Breast	Mashed Potatoes	Green Beans		
WEDNESDAY	Chicken Strips	French Fries	Carrot Sticks	Fresh Fruit	
THURSDAY	Slow Cooker Roast, Potatoes, & Carrots	Rolls			
FRIDAY	Sloppy Joes	Cucumber Salad	Fresh Fruit		
SATURDAY	Smoked Whole Chicken	Broccoli Salad	Baked Beans	Fresh Fruit	