

MEAL PLANNING

DATE: _____

The Resourceful Mama Week #17	MAIN DISH	SIDE	SIDE	SIDE	OTHER
SUNDAY	Sweet and Sour Chicken	Rice	Pineapple		
MONDAY	Spaghetti Pie	Salad	Breadsticks		
TUESDAY	Shake N Bake Pork Chops	Twice Baked Potatoes	Corn on Cob	Applesauce	
WEDNESDAY	Goulash	Salad	Peaches	Biscuit	
THURSDAY	Slow Cooker Pop Chicken	Mashed Potatoes	Green Beans		
FRIDAY	Pizza Quesadillas	Carrot Sticks	Grapes		
SATURDAY	Baked Teriyaki Chicken Meatballs	Rice	Peas	Pears	