

# MEAL PLANNING

DATE: \_\_\_\_\_

The Resourceful Mama Week #19	MAIN DISH	SIDE	SIDE	SIDE	OTHER
SUNDAY	Smoked Sausage & Potatoes	Green Beans	Tossed Salad		
MONDAY	Chicken Noodle Soup	Grilled Cheese	Apple Slices		
TUESDAY	Slow Cooker Barbecue Pork Ribs	Potato Salad	Baked Beans		
WEDNESDAY	Chicken Quesadillas	Corn	Chips & Salsa		
THURSDAY	Cheeseburgers	French Fries	Peas	Applesauce	
FRIDAY	Meatloaf	Mashed Potatoes	Green Beans	Peaches	
SATURDAY	Pizza	Tossed Salad	Apple Slices		